

Transurethral Resections of Bladder Tumor (TURBT)

... after the procedure

What Can I Expect After My Procedure?

You may experience some burning and frequency with urination. You may also notice that your urine looks pink to red in color. This is because there may be some blood in your urine. This is normal after the procedure and should clear in a few days.

If You're Sent Home with a Catheter

Some patients are sent home with a foley catheter (a hollow tube which drains urine from the bladder), while others go home urinating on their own. If you still have a catheter, you will be provided with instructions regarding its care.

Activity

- Do not perform strenuous activities or resume sexual activity until you are told to do so by your doctor.

Diet

You may resume your regular diet. It is very important to drink six to eight glasses of liquid each day unless you are on a fluid restriction.

Medication

Often, but not always, the doctor will prescribe medication for you after the procedure. If so, a prescription will be provided for you. Please take all medications as directed.

Follow-Up Appointment

Call your doctor's office to schedule unless otherwise instructed.

If General Anesthesia was Used

If you have had general anesthesia, you may not drive, operate heavy machinery, make important business decisions, or drink alcoholic beverages for the next 24 hours. You may feel somewhat dizzy or sleepy after the surgery due to the side effect of anesthesia. Try to rest for the remainder of the day. Nausea and vomiting is occasionally seen, and usually resolves by the evening of surgery—even without therapy.

If a Biopsy was Taken

The results may take 48-72 hours, sometimes longer, for your doctor to see the report. Your doctor will discuss the results at your follow-up visit.

When to Call Your Doctor

- You have a temperature greater than 101°F.
- You have a large amount of blood and/or blood clots in your urine.
- You start having symptoms of an allergic reaction to the medication (rash, hives, difficulty breathing, etc.).
- You are unable to urinate and feel a lot of pressure.



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