

# Ureteroscopy

*... after the procedure*

## What Can I Expect After My Ureteroscopy?

You may experience some burning and frequency with urination. You may also notice that your urine looks pink in color. This is because there may be some blood in your urine. This is normal after the procedure and should clear in a few days.

## Activity

As long as you have not had any anesthesia there is no limitation to your activity. You may resume normal activity right away.

## Diet

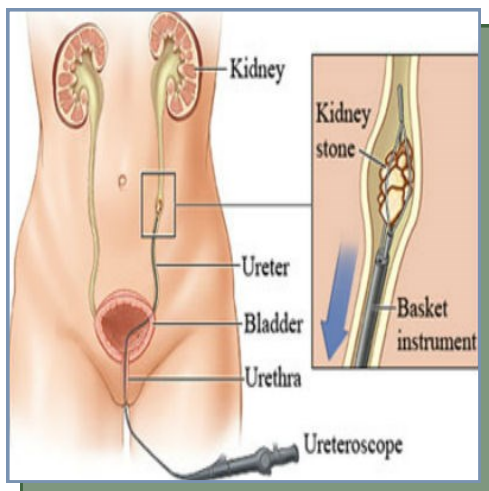
You may resume your regular diet. It is very important to drink six to eight glasses of liquid each day (unless you are on a fluid restriction).

## Medication

Often, but not always, the doctor will prescribe medication for you after the procedure. If so, a prescription will be provided for you. Please take all medications as directed.

## Follow-Up Appointment

Call your doctor's office to schedule unless otherwise instructed.



## If a Stent was Placed

Some patients do not notice that they have a stent, while others complain of the sensation of needing to urinate frequently, burning on urination or even some back pain. These sensations usually improve gradually, some faster than others. This is not uncommon, but may initially warrant the use of some pain medication either over the counter Tylenol or prescription (if it has been prescribed). Please take these medications as directed and as needed. While the stent is in place, your urine may continue to be bloody. Your doctor will remove the stent when he feels it is time to do so.

## If General Anesthesia was Used

If you have had general anesthesia, you may not drive, operate heavy machinery, make important business decisions, or drink alcoholic beverages for the next 24 hours. You may feel somewhat dizzy or sleepy after the surgery due to the side effect of anesthesia. Try to rest for the remainder of the day. Nausea and vomiting is occasionally seen, and usually resolves by the evening of surgery — even without therapy.

## When to Call Your Doctor

- You have a temperature greater than 101°F.
- You have a large amount of blood and or blood clots in your urine.
- You start having symptoms of an allergic reaction to the medication (rash, hives, difficulty breathing, etc.).
- You are unable to urinate and feel a lot of pressure.

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