

# CYSTOSCOPY

*... after the procedure*

## What Can I Expect After My Cystoscopy?

You may experience some burning and frequency with urination. You may also notice that your urine looks pink in color. This is because there may be some blood in your urine. This is normal after the procedure and should clear in a few days.

## Activity

As long as you have not had any anesthesia there is no limitation to your activity. You may resume normal activity right away.

## Diet

You may resume your regular diet. It is very important to drink six to eight glasses of liquid each day (unless you are on a fluid restriction).

## Medication

Often, but not always, the doctor will prescribe medication for you after the procedure. If so, a prescription will be provided for you. Please take all medications as directed.

## Follow-Up Appointment

Call your doctor's office to schedule unless otherwise instructed.

## If a Biopsy was Taken

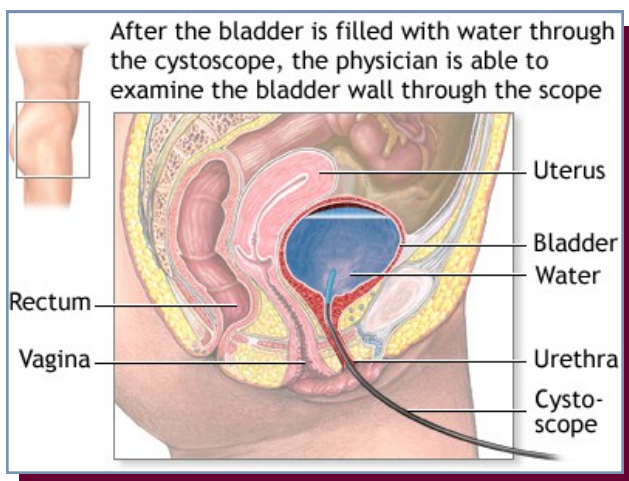
The results may take 48-72 hours, sometimes longer, for your doctor to see the report. Your doctor will discuss the results at your follow-up visit.

## If General Anesthesia was Used

Most often, cystoscopies are done without general anesthesia. However, sometimes anesthesia is used depending on what best meets the needs of you and your doctor. **If you have had general anesthesia**, you may not drive, operate heavy machinery, make important business decisions, or drink alcoholic beverages for the next 24 hours. You may feel somewhat dizzy or sleepy after the surgery due to the side effect of anesthesia. Try to rest for the remainder of the day. Nausea and vomiting is occasionally seen, and usually resolves by the evening of surgery—even without therapy.

## When to Call Your Doctor

- You have a temperature greater than 101°F.
- You have a large amount of blood and or blood clots in your urine.
- You start having symptoms of an allergic reaction to the medication (rash, hives, difficulty breathing, etc.).
- You are unable to urinate and feel a lot of pressure.



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