

EGD AND/OR COLONOSCOPY

... after the procedure

Esophagogastroduodenoscopy (EGD)

An EGD is a complete examination of the esophagus, stomach and first part of the small intestine. A flexible lighted tube fitted with a tiny camera is inserted into the mouth. EGDs are performed to diagnose conditions of the esophagus, stomach and first part of the intestine. Sometimes biopsies may be taken to aid in diagnosing those conditions.

Therapeutic Esophagogastroduodenoscopy

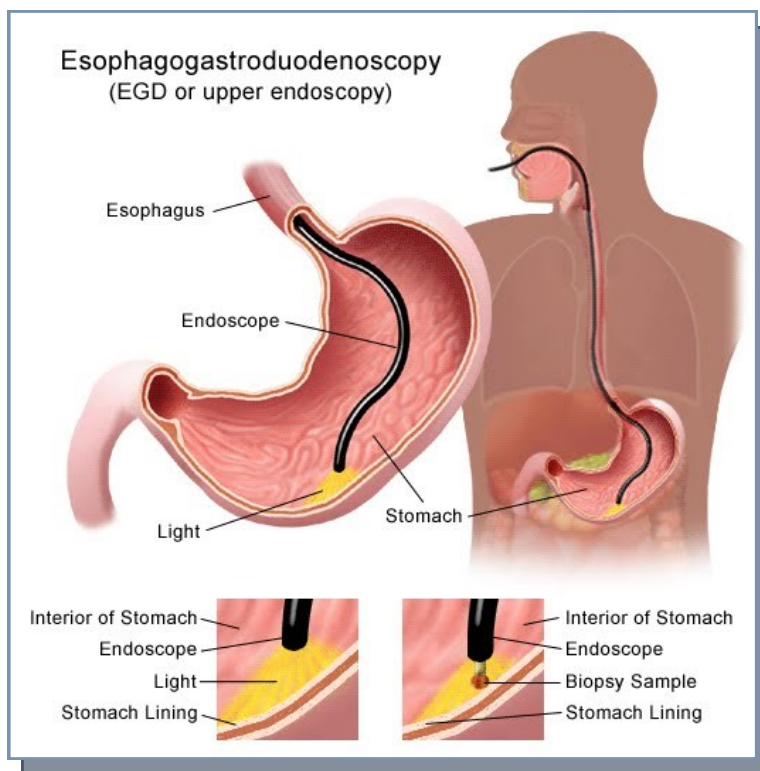
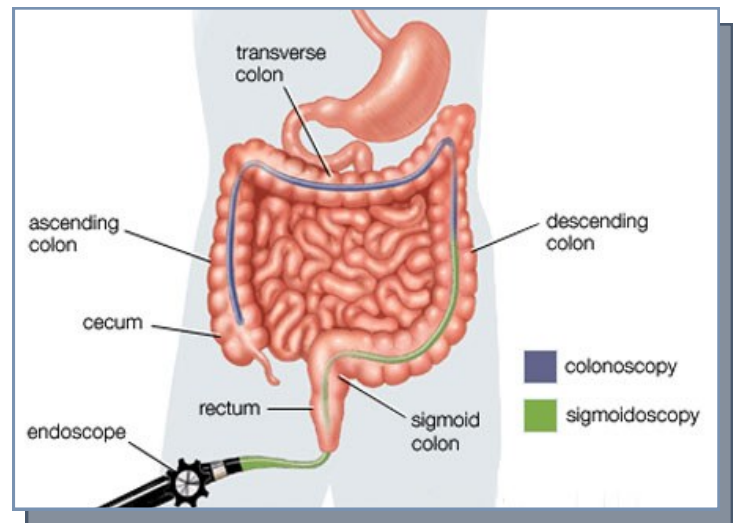
Most often EGDs are done to diagnose conditions, however there are some conditions that may be treated during an EGD, such as strictures (narrowing or partial blockage) that can be widened by inserting dilators into the stricture to stretch the narrowing.

You will be notified after your EGD of what conditions, if any, have been found and if any biopsies have been taken. Biopsies are sent to lab to be inspected and can take up to 48-72 hours before your doctor will receive a report.

Colonoscopy

A colonoscopy is a complete examination of the large intestine (Colon). A flexible lighted tube, fitted with a tiny camera, is inserted through the anus. The inside of the rectum and colon can be viewed for polyps, cancer, or diseases. Colonoscopies are performed to diagnose conditions of the colon. Sometimes biopsies (tissue samples) may be taken to aid in diagnosing those conditions.

You will be notified after your colonoscopy of what conditions, if any, have been found and if any biopsies have been taken. Biopsies are sent to a lab to be inspected and can take up to 48-72 hours before your doctor will receive a report.



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Your Recovery

- ◆ You will be monitored until you are fully awake. Most patients can go home within 30 to 90 minutes.
- ◆ You may feel tired or groggy following the procedure. You should not make any big decisions, drive, or return to work for the rest of the day.

Diet

You may be eager to eat a large meal after fasting, but it is a good idea to start with light meals and ease into solid food for the first day.

Pain

Severe pain is rare after the procedure. You may have minor cramping and gas.

Medications

Your doctor will notify you if your condition needs treatment with any new medications following the procedure. A script will be provided for you to fill at your local pharmacy.

Follow-up Appointment

Your doctor may want to see you in his office in a few days to a week to discuss your biopsy results or future treatment of any conditions that may have been found. We will notify you after your procedure if a follow up appointment will be necessary. You are responsible for making your own appointment.

Call your doctor if you have:

- ◆ Severe abdominal pain or if your abdomen feels hard, this could be a symptom of colon perforation.
- ◆ Bleeding for more than 2 bowel movements or bright red bleeding that fills a shot glass.
- ◆ Fever greater than 100.4 degrees.
- ◆ Swelling, redness or drainage at the IV site.
- ◆ Weakness, shortness of breath, fainting, nausea or vomiting blood.



Thank you for choosing us.